

ANAREX TABLET

Orphenadrine citrate / Paracetamol (35mg / 450mg)

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What Anarex Tablet is used for

Anarex Tablet is used to relieve mild to moderate pain and discomfort related to conditions that affect muscles and bones.

Your doctor may have prescribed Anarex Tablet for another purpose.

Ask your doctor if you have any questions about why this medicine has been prescribed for you.

How Anarex Tablet works

Orphenadrine citrate is a muscle relaxant. It acts in the nervous system to produce muscle relaxant effects.

Paracetamol is used to treat or prevent pain and reduce fever.

Before you use Anarex Tablet

- When you must not use it

Do not take Anarex Tablet if you have had an allergic reaction to orphenadrine citrate, paracetamol or other similar medicine, or to any of the ingredients listed at the end of this leaflet.

Do not take Anarex Tablet if you have any of the following:

- high pressure in the eye
- obstruction of small intestine or stomach
- stomach ulcer
- failure of lower esophagus opening up during swallowing
- enlarged prostate
- obstructions at the bladder neck
- myasthenia gravis (a disease of muscles causing drooping eyelids, double vision, difficulty in speaking and swallowing, and, sometimes

muscle weakness in the arms or legs).

Do not take Anarex Tablet:

- after the expiry date on the pack;
- if the packaging shows signs of tampering;
- unless advised by your doctor

Do not give this medicine to a child under the age of 12 years. Safety and effectiveness in children younger than 12 years have not been established.

- Before you start use it

Tell your doctor or pharmacist if:

- you have allergies to any other medicines, foods, preservatives or dyes
- you have heart problems
- you have any liver or kidney problems
- you have alcohol abuse problems
- you are taking other Paracetamol containing products

Paracetamol may interfere with results of some medical tests. Tell your doctor that you are taking Anarex Tablet before taking any medical tests.

If you are not sure whether to start taking this medicine, talk to your doctor.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food store.

Some medicines when taken with Anarex Tablet may interfere with each other. These include:

- Medicines that are toxic to the liver or induces liver enzymes.
- barbiturates such as primidone (medicines for anxiety or seizure)
- anticoagulant (medicines to prevent blood clot)
- salicylate (pain-relieving medicine)
- non-steroidal anti-inflammatory drugs (NSAIDs) besides aspirin such as diflunisal
- metoclopramide (medicines for stomach and esophageal problems)

- probenecid (medicines for gout)
- central nervous system depressants
- Other medicines

You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Anarex Tablet.

How to use Anarex Tablet

- How much to use

The usual dose of Anarex Tablet in adults is 1 to 2 tablets 3 to 4 times a day.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Take your Anarex Tablet at the same time each day.

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Anarex Tablet for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

If it is almost time for your next dose, skip the dose you missed and wait until then to take your next dose. Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

- If you use too much (overdose)

Overdose with paracetamol containing medicines can lead to liver and kidney damage.

Hepatic encephalopathy (loss of brain function due to liver failure), seizures, unusually slow or shallow breathing,

coma, brain swelling, coagulation defects, low blood pressure, stomach cramps or pain, bleeding, formation of small blood clots, low blood sugar, over production of acid and infection may occur. Acute kidney failure may also develop.

Do not take more than the recommended dose unless your doctor tells you to.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of Anarex Tablet.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking Anarex Tablet.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Anarex Tablet is a prescription medicine and has been prescribed for you only.

Do not give it to anyone else, even if they have the same symptoms or condition as you.

Do not take Anarex Tablet to treat any other complaints unless your doctor tells you to.

- Things to be careful of

Anarex Tablet may cause some people to have blurred vision or to become drowsy, dizzy, light-headed, faint or less alert than they are normally.

Be careful on operating machinery until you know how the medicine affects you. It may also cause muscle weakness in some people. If you have any of these symptoms, do not drive or operate machinery or do anything else that could be dangerous.

Anarex Tablet may cause dryness of the mouth. For temporary relief use

sugarless gum or sweets, melt some ice in your mouth or use a saliva substitute.

If dry mouth continues, speak to your dentist.

Side effects

All medicines can cause unwanted side effects. Sometimes they are serious, most of the time they are not.

Speak to your doctor if any of the following side effects occur:

Common:

- dry mouth
- decreased and difficulty in urination
- constipation
- confusion (especially in elderly)
- blurred or double vision
- weakness

Less common:

- fast heartbeat
- dizziness and light-headedness
- drowsiness
- headache
- stomach discomfort
- faint

Rare:

- blood disorders
- skin irritation and itchiness
- liver and kidney problems

Serious but rare side effect:

- Cutaneous hypersensitivity reactions including skin rashes, angioedema, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis

Other side effects not listed above may also occur in some patients.

If you notice any side effects that are not listed here, tell your doctor or pharmacist.

Warning

Allergy alert: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash. These could be signs of any serious condition. If these reactions occur, stop using it and seek medical assistance right away.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccine)].

Storage and Disposal of Anarex Tablet -

Storage

Keep your medicine in its pack until it is time to take them.

If you take the medicine out of the pack, they will not keep well.

Keep the medicine in a cool dry place where the temperature stays below 30°C. Protect from light.

Do not store Anarex Tablet or any medicine in the bathroom or near a sink. Do not leave it in the car or on window sills. Heat and dampness can destroy some medicines.

Keep Anarex Tablet where children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking Anarex Tablet or the tablets have passed their expiry date, ask your pharmacist what to do with any that are left over.

Return any unused medicine to your pharmacist.

Product Description

- What it looks like

Anarex Tablet is a 12 mm diameter, round, flat, scored, marked "DUO" with scored line on one side, plain on the other side, blue tablet.

- Ingredients

- Active ingredient:

Each Anarex Tablet contains 35 mg of orphenadrine citrate and 450 mg of paracetamol.

- Inactive ingredients:

- Sodium starch glycolate
- Microcrystalline cellulose
- Povidone

- Magnesium stearate
- Indigo carmine aluminium lake
- Purified water

- MAL number:

MAL19871101AZ

Manufacturer

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43650 Bandar Baru Bangi
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Product Registration Holder

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